



**“I had knee surgery in December and I was back on the trail in 8 weeks!”**

**– TOM BLEAU,  
OUTDOOR ENTHUSIAST**

“I had problems with my right knee for years, but over the past year it really acted up. I had a lot of pain and it bothered me just to walk. The MRI showed that the cartilage in my knee was gone - and I might need a total knee replacement. But a new procedure they’re doing at North Adams Regional Hospital put me back in action. Doctors James Whittum and Jonathan Cluett did a partial knee replacement, which is less invasive and got me moving more quickly. And twice a week I went to NARH’s physical therapists, who did a great job. Two months later, I had the go-ahead to get back on my skis and snowshoes.”

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